

# Academic Activities 2023-2024

## Department Of Psychology, Shift II

### 1. Social Dynamics of Entrepreneurship

In collaboration with the Institution's Innovation Council of Women's Christian College, the Department of Psychology - Shift 2 conducted a seminar on "Social Dynamics of Entrepreneurship" for the first-year and second-year students of Psychology Shift 2 on 04.09.2024





IN COLLABORATION WITH  
INSTITUTION'S INNOVATION COUNCIL  
DEPARTMENT OF PSYCHOLOGY  
SHIFT II  
presents

**SEMINAR ON  
Social Dynamics of  
Entrepreneurship**



**Dr. Renita Rajan**

Dr Renita Rajan is a renowned dermatologist and an entrepreneur based in Chennai. She established her own clinic 'RENDER' and a leading skincare brand 'CHOSEN by Dermatology' which cater to a large clientele.

This seminar aims to facilitate and guide students regarding Entrepreneurship and the skills required to navigate through new ventures and the accompanying challenges.



Benedicta Rowe



04/09/2023



12pm - 2pm

## 2. WORLD MENTAL HEALTH DAY celebration in collaboration with psychology, shift

To engage our talented women college students in commemorating World Mental Health Day on 10. 10.2023, we partnered with Psycafe to organize a one-minute short film-making contest. The theme, as suggested by the WHO, drew in seven creative entries, including one from St. Stephen's College, Delhi.



### 3. Peer Counselling Workshop based on Egan's model



**G20**  
INDIA 2023

**Women's Christian College**  
Since 1915  
Lighted to Lighten

**Women's Christian College**  
Department of Psychology  
Shift II  
Presents  
A workshop on  
"Peer counselling using  
The Egan's model"

**14.09.2023**  
1.30 - 4.30 PM

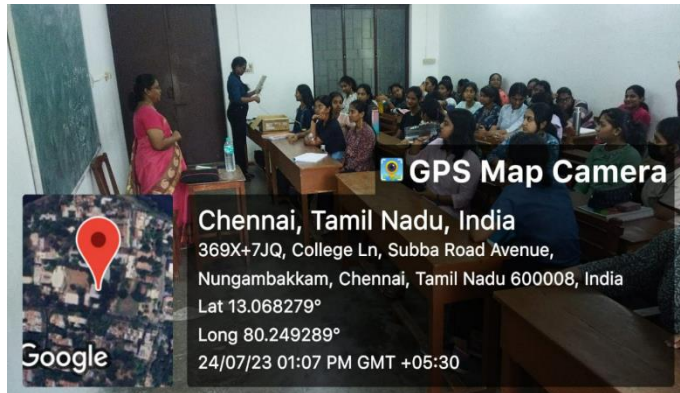
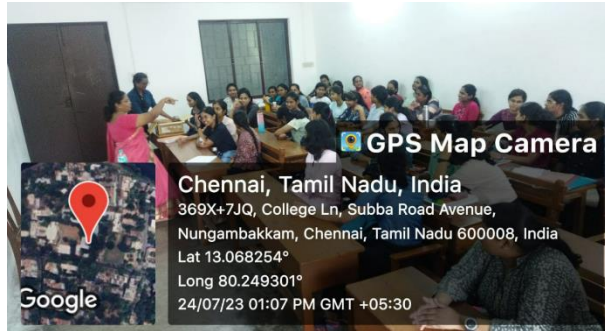
**Speaker**  
Dr. Malathi Karthiban  
Counselling Psychologist

**Mcdoughall room 13**

Department of psychology, shift 2 conducted a workshop on 'Peer counselling Using the Egan's Model' on 14. 09. 2023.

#### 4. Scopes Of Psychology: Special Educator

A seminar on ‘Scope of psychology; Special Educator’ was conducted by the Department of Psychology, Shift II on 24. 07. 2023.

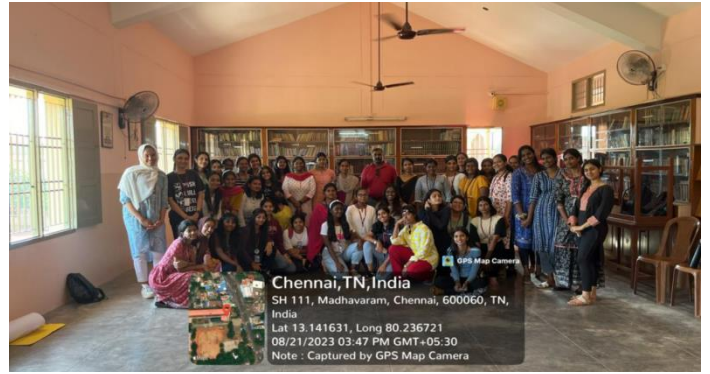


#### 4. Sports Psychology: Scopes And Dynamics

A seminar on ‘Scope of psychology; sports Psychology- Scopes and dynamics was conducted by the Department of Psychology, Shift II on 24. 08. 2023.

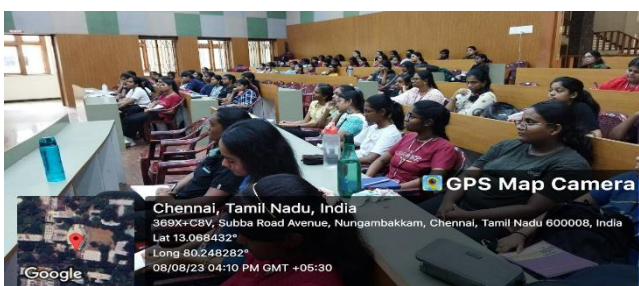
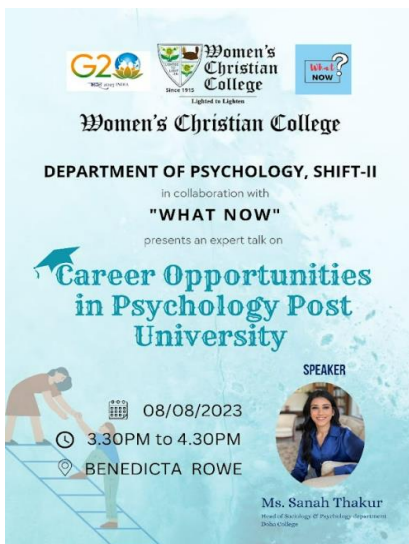






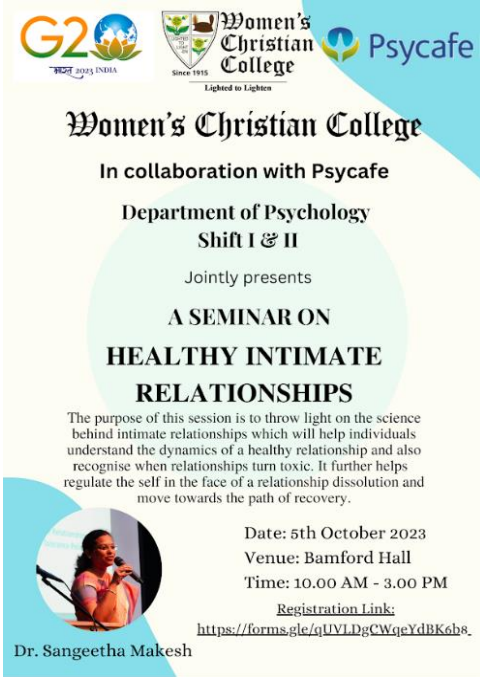
## 7. An expert talk on ‘Career opportunities post universities’

An expert talk on “Career opportunities in Psychology Post University” was organized by the Department of Psychology, shift II in collaboration with ‘What Now’ on 8th October 2023 at Women’s Christian College, Chennai. The speaker, Ms. Sanah Thakur, is the Sociology and Psychology Department head at Doha College. The talk aimed to provide valuable insights to students aspiring to pursue higher education in psychology, focusing on effective preparation strategies and essential skills required for success.



## 8. A Seminar on Healthy Intimate Relationships

Department of Psychology, in collaboration with 'Psycafe', conducted a seminar on Healthy Intimate Relationship on 05/10/2023



**Women's Christian College**  
In collaboration with Psycafe  
Department of Psychology  
Shift I & II  
Jointly presents  
**A SEMINAR ON  
HEALTHY INTIMATE  
RELATIONSHIPS**

The purpose of this session is to throw light on the science behind intimate relationships which will help individuals understand the dynamics of a healthy relationship and also recognise when relationships turn toxic. It further helps regulate the self in the face of a relationship dissolution and move towards the path of recovery.

**Date:** 5th October 2023  
**Venue:** Bamford Hall  
**Time:** 10.00 AM - 3.00 PM

**Registration Link:**  
<https://forms.gle/qUVLDgCWqjeYdBK6bs>

**Dr. Sangeetha Makesh**



## 9. Seminar On "Cognitive Neuroimaging And Data Science"

Department of Psychology, Shift I & II in collaboration with Career Guidance Cell conducted a seminar on Cognitive Neuroimaging and Data Science. Mr. Heather D. Flowe Ph.D., A professor of Psychology in University of Birminham handled the session



**Women's Christian College**  
An Autonomous Institution affiliated to the University of Madras  
Re-Accredited by NAAC in July 2019 with Grade A+  
College with Potential for Excellence

**IN COLLABORATION WITH  
CAREER GUIDANCE CELL**

**DEPARTMENT OF PSYCHOLOGY  
SHIFT I & II**

**JOINTLY PRESENTS  
SEMINAR ON  
COGNITIVE  
NEUROIMAGING AND  
DATA SCIENCE**

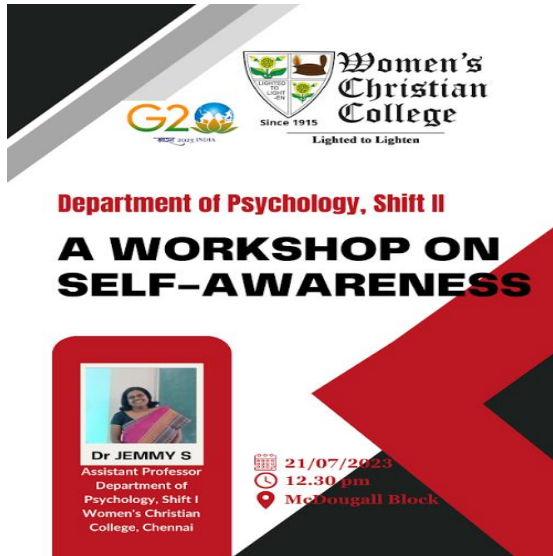
**RESOURCE PERSON**  
Professor Heather D. Flowe PhD  
Professor of Psychology  
University of Birmingham

**BENEDICTA ROWE | WCC, CHENNAI**  
**DATE | 20.07.2023 TIME | 12:30 - 1:30 PM**

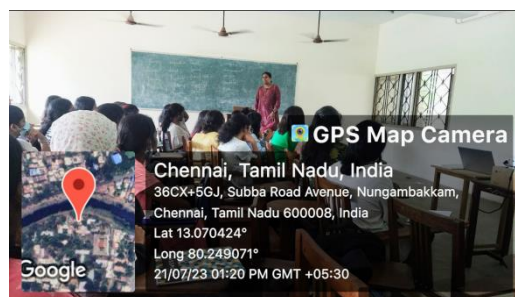
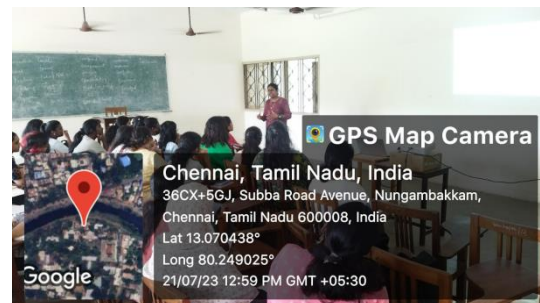
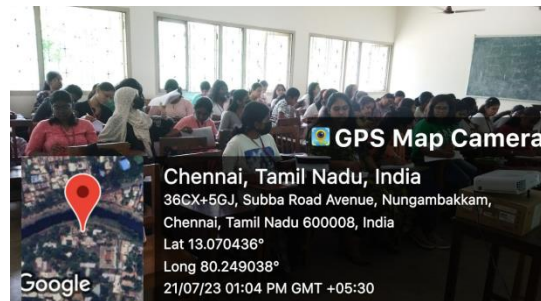
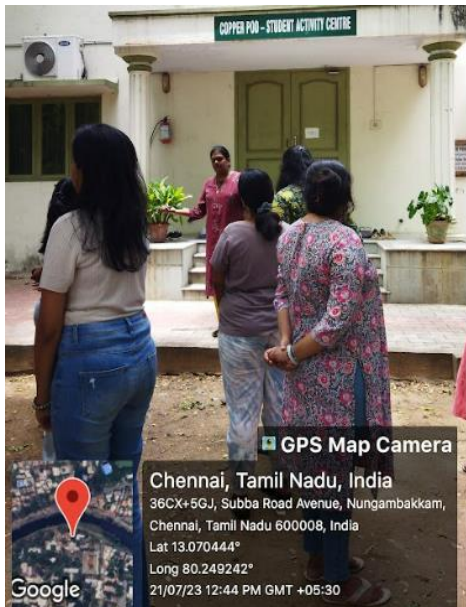
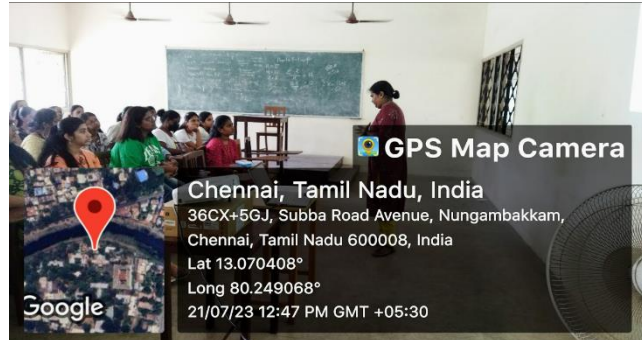


## 10. A Workshop on Self-Awareness

A workshop on Self-Awareness was conducted by the Department of Psychology, Shift 2 for the 2<sup>nd</sup> year students on 20/07/2023

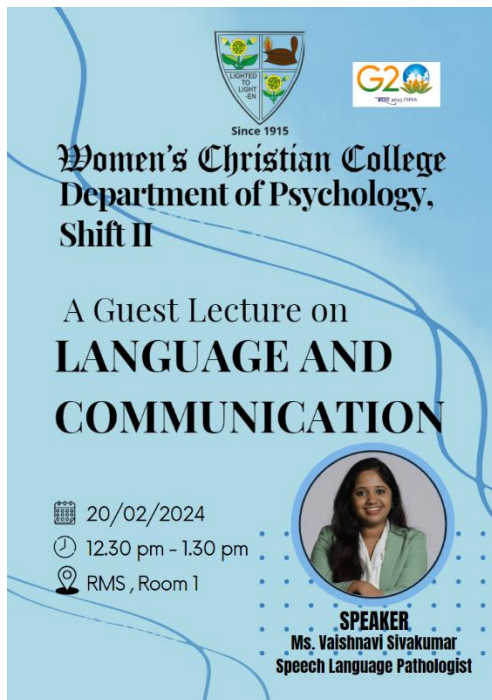


The poster features the logos of G20 India 2023 and Women's Christian College (Since 1915, Lighted to Lighten). The text reads: "Department of Psychology, Shift II", "A WORKSHOP ON SELF-AWARENESS". A photo of Dr. Jemmy S is shown with her title: "Dr. JEMMY S, Assistant Professor, Department of Psychology, Shift I, Women's Christian College, Chennai". The date and time are "21/07/2023, 12.30 pm" at the "McDougall Block".



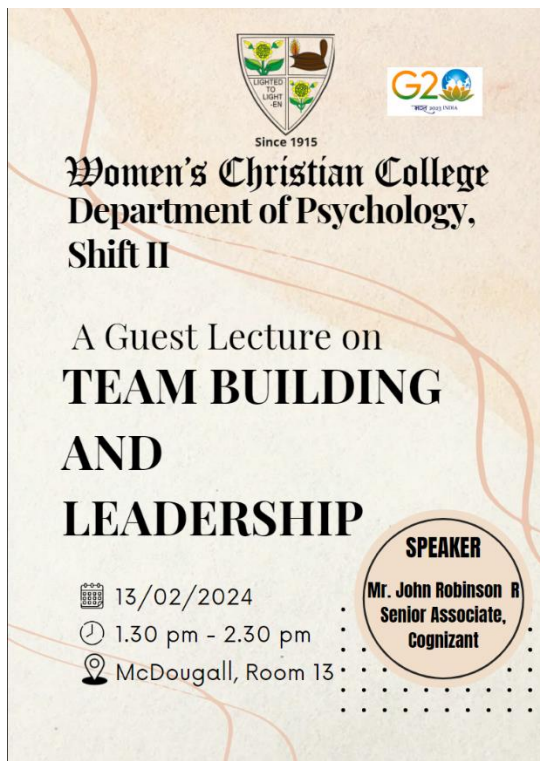


## 11. Guest lecture on language and communication



Department of Psychology, shift 2 conducted a Guest Lecture on Language and Communication on 20/02/2024. The speaker, Ms. Vaishnavi Sivakumar (Speech and Language Therapist) handled the section for the 1<sup>st</sup> year B.Sc. Psychology Students.

## 12. A guest lecture on team building and leadership



Department of Psychology, Shift-2 conducted a Guest Lecture on Team Building and Leadership for the 3<sup>rd</sup> B.Sc. Psychology Students on 13-02-2024. The speaker was Mr. John Robinson R who is a senior associate in Cognizant